

KELOWNA – WEST KELOWNA

- [Annick P. deGooyer](#) - *B.Sc.P.T.,C.A.F.C.I. - Certified in Acupuncture, Registered Physiotherapist*
- [Bryan Gay](#) - *R.M.T. Registered Massage Therapist*
- [Jennifer Flaman](#) - *M.Sc.P.T., B.Sc.HK.,C.A.F.C.I. - Registered Physiotherapist - Certified in Acupuncture*
- [J. Erin Shapcotte](#) - *B.A., M.P.T. Registered Physiotherapist*
- [Kailee Grayston](#) - *MPT, BHK Registered Physiotherapist*
- [Mallalea Orban](#) - *Clinic Assistant*
- [Marie Nyland Dick](#) - *B.Sc.P.T.,C.A.F.C.I. - Registered Physiotherapist - Certified in Acupuncture*
- [Sam Sarauer](#) - *Massage Therapist*
- [Samara Tocher](#) - *Kinesiologist, Certified Athletic Therapist*
- [Sean Bell](#) - *M.Sc.P.T., BSc. (Kin) Registered Physiotherapist*

Annick P. deGooyer B.Sc.P.T.,C.A.F.C.I.

Certified in Acupuncture

Registered Physiotherapist



Originally from Yarmouth, Nova Scotia, Annick graduated from Dalhousie University School of Physiotherapy in 1987. She worked for 10 years at the Nova Scotia Rehabilitation Centre, the last two years as Supervisor of Orthopaedics, and the Director of Physiotherapy.

In 1996 she traveled to Kuwait where she spent 2 years as a member of the Kuwait-Dalhousie Physiotherapy Project. As a clinical educator and a senior on the orthopaedic team, she worked one on one with Kuwaiti physiotherapists bringing practice and documentation toward world standards.

In 1999 Annick joined Pinnacle Physiotherapy. She was the chair of the College of Physical Therapists of BC for 4 years and continues to be a board member. In 1995 Annick completed the Acupuncture Foundation of Canada certification and has used acupuncture as an adjunct therapy since then.

She is a former competitive runner, Canadian national team member, and Canadian Women's Cross Country Champion in 1990. She also was the Female Athlete of the Year both in high school as well as Dalhousie University. Annick is past president of the Kelowna Running Club; she also has a

certification as an ashtanga yoga teacher, cross country and downhill skis, swims, cycles, and plays clarinet in the Kelowna City Band.

Bryan Gay, R.M.T.

Registered Massage Therapist



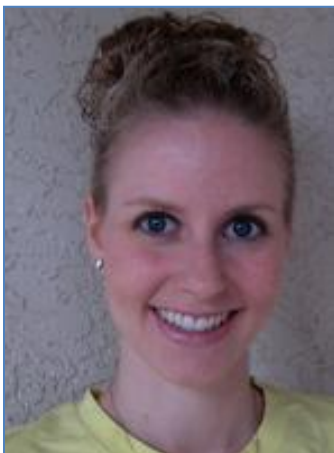
Bryan graduated from Summerland Secondary School and went to Regina for a year of post secondary education. While at school Bryan was active in many sports and played a year of college basketball. After his first year at school he took some time to work and save for future schooling. He then went to Okanagan University College in Kelowna and took the Rehabilitation Assistant course.

After graduation, he was employed by three different hospitals in the South Okanagan. From this experience Bryan decided to further his studies in Health Sciences. He went on to attend the Okanagan Valley College of Massage Therapy (OVCMT) located in Vernon. Upon graduation from OVCMT Bryan and his wife chose to move back to their home town of Summerland.

He enjoys many recreational activities including kayaking, snowboarding, skiing, cross country skiing, basketball, soccer, running, hiking, swimming, mountain biking and road biking. He enjoys being part of the team at Centric Pinnacle Physiotherapy.

J. Erin Shapcotte B.A., M.P.T.

Registered Physiotherapist



A graduate of Kelowna Secondary School, Erin began her university studies in modern languages. She completed a Bachelor of Arts degree with distinction and was the recipient of scholarships for outstanding academic achievement during her four year undergraduate tenure.

Equipped with a knowledge of French, German and Spanish, Erin then returned to university to study sciences. She went on to become a graduate of UBC Vancouver's Faculty of Medicine with a Master's degree in physical therapy. A highly motivated learner, Erin has a keen interest in orthopaedics and sports medicine. She is a member of the Canadian Physiotherapy Association's (CPA's) Sport Physiotherapy and

Orthopaedic Divisions and has pursued post-graduate certification in these fields.

Erin has completed advanced training in orthopaedic manual therapy and is currently a certified Level II (partial Level III) Manual Therapist. She is also a certified K-Taping Pro and K-Taping Sport Therapist with the K-Taping Academy and is a Credential Program Applicant with the Sports Division of the CPA. A certified Emergency Sports First Responder, Erin's community involvement has included work with the West Kelowna Warriors BCHL hockey team, and event coverage for the Skate Canada BC/YT Section Figure Skating Championships and Okanagan Region Figure Skating Championships.

An avid figure skater herself, Erin is a member of the Kelowna Skating Club. She is a Skate Canada triple gold medalist.

Jennifer Flaman M.Sc.P.T., B.Sc.HK.,C.A.F.C.I.

Registered Physiotherapist - Certified in Acupuncture



Jenn graduated from the University of Toronto in 2007 with her Master of Science in Physical Therapy. While in Toronto, she participated in a variety of sports leagues and was the treasurer for the Physical Therapy Graduate Student's Association. Before Toronto, Jenn spent four years at St. Francis Xavier University in Antigonish, Nova Scotia.

At St. FX, she completed her Bachelor of Science in Human Kinetics, while playing four seasons of varsity volleyball with the X-Women Volleyball team. A middle blocker, she also served as the team's captain during her final two seasons. Jenn has continued to play volleyball in Kelowna as often as she can, including women's league, co-ed, grass volleyball and beach. She also enjoys downhill skiing and hiking. Jenn is certified by the Acupuncture Foundation of Canada's certification process and also does Vestibular Rehabilitation.

She sits on the BC College of Physical Therapists Inquiry Committee. Jenn is currently on maternity leave enjoying the company of her son Levi.



Kailee Grayston, MPT, BHK
Registered Physiotherapist

Kailee grew up in North Vancouver. After completing a Bachelor of Human Kinetics, she graduated with a Master of Physical Therapy from the University of British Columbia in 2012 and is excited to be joining the Pinnacle team.

Kailee has always been involved in sports, playing hockey, ringette, ultimate, field hockey and soccer while growing up. During her undergraduate degree she directed the UBC intramural hockey league and was involved in the running of several campus sporting events.

Kailee enjoys working with all age groups and has experience working and volunteering with children, adults, and seniors. Her love of sports has made her especially interested in treating athletic and orthopaedic injuries.

In her free time she continues to play sports and enjoys outdoor activities such as running, hiking and snowboarding.



Mallalea Orban
Clinic Assistant

Mallalea was born in Melfort, Saskatchewan and moved to the Okanagan with her family when she was a child. She has been calling the Okanagan home ever since. She has worked assisting in physiotherapy clinics, for the past 20 years. She joined Pinnacle Physiotherapy Centers in December 2007. Her work experience has given her knowledge in specialty brace fitting and experience working with orthopedic injuries and surgeries.

Mallalea has taken courses relating to Kinesiology, Personal Training and B.C. Sports Aide. She volunteered with the Okanagan Sun football team as Head Trainer for six years, as well as the Okanagan Challenge men's soccer team. She has coached youth soccer and has also worked with the UBCO's Women's Soccer team as assistant Coach and trainer.

She is currently involved with Westside minor hockey,

Westside minor Football, and Senior Men's Rugby. Mallalea enjoys playing team sports such as Women's soccer, and hockey.

Marie Nyland Dick B.Sc.P.T.,C.A.F.C.I.

Registered Physiotherapist - Certified in Acupuncture



Marie was born and raised in Norway, and decided to pursue a carrier in Physiotherapy after graduating High School. She started her journey in Sydney, Australia where she studied at the University of Sydney's Health Campus. Being bit by the travel bug, she took a little break from her studies to do some travelling though Asia, Australia and Europe before finishing her degree in Sweden in 2005. She then made the big move to Canada and the beautiful Okanagan, and has worked at the West Kelowna Pinnacle since.

Since graduating, Marie has become certified in Acupuncture and completed multiple Manual Therapy courses. During the course of her carrier Marie has worked as a clinical instructor for UBC School of Rehabilitation, team Physiotherapist for the Westside Warriors BCHL Hockey team, worked with team Norway at the World Sledge Hockey Challenge, the Okanagan Sun Football team, the Center of Gravity Pro-Beach Volleyball tournament, BC Summer Games and Volleyball Provincials.

Marie has a strong interest in sports rehabilitation, and has a passion for sports. She played University Volleyball in Norway, Australia and Sweden, and was competing on national level in Track and Field as a teenager. Growing up in Norway, telemark skiing, snowboarding and hiking have been a big part of her life. When she is not at work, she is busy being a mom, spending time with her family and playing volleyball.

Sam Sarauer

Massage Therapist



Samantha graduated from the 3,000 hour Massage Therapy program at West Coast College of Massage Therapy in 2008. Since then, she has focused on continuing her practice and education, including completing a Bachelor of Health Science degree from Thompson Rivers University.

Sam is a registrant of the College of Massage Therapists of British Columbia and a member of the Massage Therapists'

Association of British Columbia.

Before moving to the Okanagan, Samantha primarily worked in Pemberton, BC. Still relatively new to the area, Sam enjoys exploring what the Okanagan has to offer and is excited to join the Centric West Kelowna team.

Samara Tocher

Kinesiologist, Certified Athletic Therapist



Samara is from Calgary, Alberta where she graduated from the University of Calgary with a Bachelors of Kinesiology with an Athletic therapy Major. She then completed the Advanced Certificate of Athletic Therapy at Mount Royal University and completed the Canadian Athletic Therapists Association (CATA) National Certification Exam in June 2012.

Samara has a variety of passions, from teaching dance to working with sports teams, primarily rugby. She owned her own dance studio in Golden, BC for seven years and is now teaching in Kelowna. Aside from dance, she is very passionate about rugby and has worked with Rugby Alberta for the past three seasons, traveling around Canada with the Senior Women's Team and with the Howler's Invitational Rugby Team to International tournaments in Las Vegas.

Samara has also worked with multiple sports with the University of Calgary dinos, including football, volleyball, wrestling and rugby. Sam looks forward to helping you get into shape - for sport, work or just life!

Sean Bell M.Sc.P.T., BSc. (Kin)

Registered Physiotherapist



Born in Barrie, Ontario, Sean graduated from the McMaster University physiotherapy program in 2012. His passion for physiotherapy began with his love for sports and interest in Kinesiology. For more than 10 years, he swam competitively in the summer and skied competitively in the winter. He was captain of the McGill Swim Team.

While in university, he spent his summers as a camper, then counselor, then camp director at a number of summer camps around Ontario. He is a great team player and loves helping

others. His other interests include reading, camping, and spending time with family and friends. He moved from Ontario in the fall of 2012 to join the Pinnacle team.